

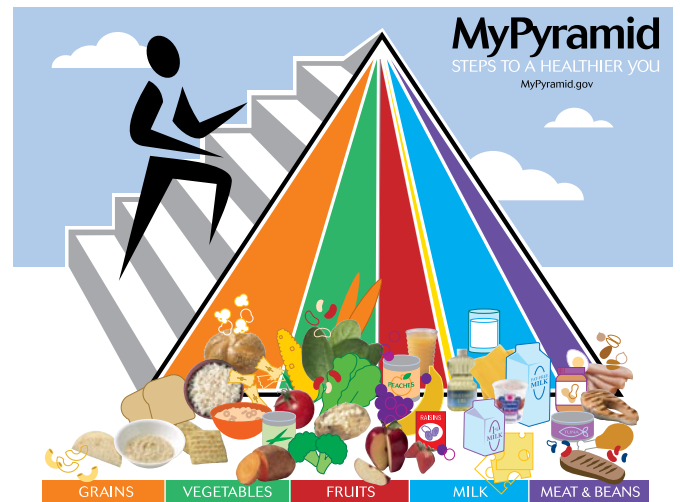


# FOOD FIESTA

## Student Follow-up

1. Place the letter of each food below on the correct food group in the Pyramid.

- a. Cheese
- b. Tortilla
- c. Lettuce
- d. Hamburger
- e. Orange



2. How many calories are in one gram of fat?

\_\_\_\_\_1

\_\_\_\_\_5

\_\_\_\_\_9

\_\_\_\_\_25

3. Circle the snack food with the lowest amount of fat:

Potato chips

Pretzels

Corn chips

4. Circle the things we need to wash our hands correctly.

Cold water

Soap

Warm running water





5. What are the five senses? Which ones do you use in the juice activity?

6. Which of the following are part of the meat group?

\_\_\_\_\_ eggs

\_\_\_\_\_ fish

\_\_\_\_\_ nuts

\_\_\_\_\_ yogurt

7. A tortilla can be found in which Food Group on MyPyramid?

\_\_\_\_\_ fruit

\_\_\_\_\_ meat

\_\_\_\_\_ dairy

\_\_\_\_\_ grains

8. What was your favorite part of "Food Fiesta"?

9. Did you learn any thing about food that you did not know at the "Food Fiesta"? If you did, what did you learn? (Write your answer on the back of this sheet.)

This project funded under an agreement with the Department of Human Services and Food and Nutrition Service, USDA.



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# FOOD FIESTA

## Teacher Follow-up

1. What did you observe as the greatest benefit of the Fiesta for your students?
2. Which activities did your students enjoy the most?
3. What suggestions could you offer to make the Fiesta better?
4. Would you be interested in this event or a similar one next year?
5. Additional comments . . .

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